



# Trans Health Project

*Working for Transgender Equal Rights*

## Facial surgery for gender dysphoria - Hormone provider or surgeon checklist

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Use this checklist to ensure that each element is included in your letter. Use language that is client specific; do not simply copy this checklist.

### Identification of the procedure and diagnosis (per WPATH SOC p. 28)

- The duration of the provider's relationship with the patient
- That the patient has gender dysphoria
- Procedure needed

### Hormone use

- What hormone therapy the patient is on
- Date started and length of time on hormones
- That the patient takes the hormones consistently and appropriately
- Limits of hormones on ability to change facial features
- That hormone therapy has been insufficient to change the shape of her face to alleviate gender dysphoria

### Face dysphoria

- Any complaints that the patient has stated about her face or misgendering
- Describe facial features that are typically male
- Surgeon: describe how the specific procedures will change those features from male to female

### Capacity to make a fully informed decision and to consent for treatment

- Patient has capacity to make a fully informed decision
- Patient has provided informed consent for surgery (if you have discussed it with them)

### Statement of medical necessity

- Indicate if you recommend surgery
- If you find it to be accurate, use the phrase "medically necessary," which is defined in insurance policies simply to mean clinically appropriate care to treat a condition in accordance with generally recognized standards of care
- Indicate if the surgery is undertaken for the purpose of treating gender dysphoria and will help to alleviate the person's gender dysphoria
- If you have seen this surgery help other trans patients, note that

## State the qualifications of the provider

Discuss your credentials as applicable. Omit things that do not apply.

- Education and degree
- Licensure
- Length of time & experience working with/diagnosing trans patients
- Number/percentage of trans patients seen, if a significant part of your practice
- Continuing education in the assessment and treatment of gender dysphoria;
- Relevant professional associations
- Relevant publications
- Relevant trainings given, courses taught
- Consider attaching CV if a specialist

If you need any additional information, please do not hesitate to contact me at [phone].

Sincerely,

Signature

Provider's Name

Licensing information

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Content last updated on Nov 19, 2020 - PDF generated from: <https://transhealthproject.org/tools/provider-medical-necessity-letter-checklists/facial-surgery-for-gender-dysphoria-hormone-provider-or-surgeon-checklist/> on .

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