



Trans Health Project

Working for Transgender Equal Rights

Connecticut Health Insurance Guidance

Connecticut has explicit insurance guidance on transgender-related health care.

Bulletins and Announcements:

Bulletin: [Bulletin IC-34, Gender Identity Nondiscrimination Requirements \(2013\)](#)

Issued by: Connecticut Insurance Department

Issued on: Dec. 19, 2013

Summary:

The bulletin notes that “a blanket policy exclusion for gender transition and related services is prohibited.”

Announcement: [Connecticut Insurance Commissioner Calls on Secretary Azar to Stop Discriminatory Changes to the Affordable Care Act](#)

Issued by: Commissioner Mais

Issued on: Aug. 5, 2019

Announcement: [Insurance Commissioner: Connecticut LGBTQ health care consumers remain protected from discrimination](#)

Issued by: Commissioner Mais

Issued on: June 18, 2020

Enforcement Actions:

[Connecticut Commission on Human Rights and Opportunities ruling](#)

Summary:

The Connecticut Commission on Human Rights and Opportunities issued a ruling prohibiting all employers and insurers from denying coverage for any treatments related to gender transition. It also specifically found exclusions for facial gender reassignment surgery to be unlawful.

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