



# Trans Health Project

*Working for Transgender Equal Rights*

## North Carolina State Employee Health Plans

---

**Plan Website:** [North Carolina State Employees' Health Plan](#)

**Administrator:** Blue Cross Blue Shield of North Carolina

**This plan is self-funded.**

**This plan has an exclusion.**

**Exclusion:**

Psychological assessment and psychotherapy treatment in conjunction with proposed gender transformation (p. 42); Treatment or studies leading to or in connection with sex changes or modifications and related care (p. 52)

**Litigation:**

In [Kadel v. Folwell](#), TLDEF and Lambda Legal are suing the North Carolina State Health Plan over its exclusion of transgender-related health care. We have received a [favorable ruling](#) allowing the [plaintiffs](#) to have their day in court.

---

Content last updated on Jul 2, 2020 - PDF generated from: <https://transhealthproject.org/resources/state-employee-health-plans/north-carolina/> on .

If you find this helpful, please consider making a donation at <https://transgenderlegaldefense.networkforgood.com> to support our work.

---

Copyright © 2024 Advocates For Trans Equality, Inc. | Tel: (202) 642-4542