



Trans Health Project

Working for Transgender Equal Rights

North Carolina State Employee Health Plans

Plan Website: [North Carolina State Employees' Health Plan](#)

Administrator: Blue Cross Blue Shield of North Carolina

This plan is self-funded.

This plan has an exclusion.

Exclusion:

Psychological assessment and psychotherapy treatment in conjunction with proposed gender transformation (p. 42); Treatment or studies leading to or in connection with sex changes or modifications and related care (p. 52)

Litigation:

In [Kadel v. Folwell](#), TLDEF and Lambda Legal are suing the North Carolina State Health Plan over its exclusion of transgender-related health care. We have received a [favorable ruling](#) allowing the [plaintiffs](#) to have their day in court.

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