

## Trans Health Project

Working for Transgender Equal Rights

## **Endocrine Society**

## About the organization:

Founded in 1916, The Endocrine Society is the world's oldest, largest, and most active organization devoted to research on hormones and the clinical practice of endocrinology. They have published clinical guidelines, <a href="Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline">Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline</a>. The Guideline is co-sponsored by the American Association of Clinical Endocrinologists, American Society of Andrology, European Society for Pediatric Endocrinology, European Society of Endocrinology, Pediatric Endocrine Society, and World Professional Association for Transgender Health.

## Statements:

- Transgender Health Position Statement
  - "There is a durable biological underpinning to gender identity that should be considered in policy determinations.
  - Medical intervention for transgender youth and adults (including puberty suppression, hormone therapy and medically indicated surgery) is effective, relatively safe (when appropriately monitored), and has been established as the standard of care. Federal and private insurers should cover such interventions as prescribed by a physician as well as the appropriate medical screenings that are recommended for all body tissues that a person may have.
  - Increased funding for national pediatric and adult transgender health research programs is needed to close the gaps in knowledge regarding transgender medical care and should be made a priority."

Date: December 2020

Proper Care of Transgender and Gender Diverse Persons in the Setting of Proposed Discrimination:
A Policy Perspective

Abby Walch, Caroline Davidge-Pitts, Joshua D Safer, Ximena Lopez, Vin Tangpricha, Sean J Iwamoto, Proper Care of Transgender and Gender Diverse Persons in the Setting of Proposed Discrimination: A Policy Perspective, *The Journal of Clinical Endocrinology & Metabolism*, dgaa816, <a href="https://doi.org/10.1210/clinem/dgaa816">https://doi.org/10.1210/clinem/dgaa816</a>.

Date: December 2020

• Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline

Wylie C. Hembree et al., Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline, Journal of Clinical Endocrinology & Metabolism, November 2017, 102(11):1–35.

Date: 2017

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