



# Trans Health Project

*Working for Transgender Equal Rights*

## Maine Medicaid Regulations and Guidance

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**Maine Medicaid policy covers transgender-related health care.**

**Regulations:**

[Department of Health and Human Services, Office of MaineCare Services, 10-144 C.M.R., Chapter 101, MaineCare Benefits Manual, Section 90, Chapter II, Physician Services](#)

**Text:**

This regulation eliminates gender affirmation procedures and care from exclusion under MaineCare. "Services related to gender transition that otherwise fall within a member's scope of covered MaineCare benefits (e.g., physician services, inpatient and outpatient hospital services, prescribed drugs) will be compensable under the MaineCare program when medically necessary."

**Handbooks and Provider Manuals:**

**Handbook:** [MaineCare Benefits Manual](#)

**Historical Notes:**

State policy formerly explicitly excluded transgender health coverage and care, but a June 2019 [emergency ruling](#) from the state's Department of Health and Human Services eliminated this exclusion.

Previously, 10-144-101 Me. Code. R. § 90.07(C)(8) excluded "Transexual procedures" from coverage.

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