

Trans Health Project

Working for Transgender Equal Rights

Health Insurance Medical Policies

Gender Dysphoria / Gender Reassignment

Virtually all major insurance companies recognize that transgender-related medical care is medically necessary and have a written policy describing their criteria for when plans they administer will cover it. Below is a list of such policies.

The fact that an insurance company is listed below *does not* mean that your particular plan will follow these guidelines. You must <u>look to your individual policy</u> to determine if transgender care is covered or excluded. Only if it is covered will the policies below apply.

Medical policies are frequently updated. Please <u>contact us</u> if your company's policy is not listed or is out of date.

Aetna

- Endometrial Ablation
- <u>Gender Affirming Surgery</u>
- <u>Gonadotropin-Releasing Hormone Analogs and Antagonists</u>
- Gonadotropin-Releasing Hormone Analogs and Antagonists (Medicare)
- Implantable Hormone Pellets
- Implantable Hormone Pellets
- Melodic Intonation Therapy
- Testosterone Cypionate Injection (Depo-Testosterone)
- <u>Testosterone Enanthate Injection</u>
- Testosterone Undecanoate Injection (Aveed)
- <u>Voice Therapy</u>

Ambetter Peach State Health Plan (Centene Corporation)

<u>Gender Affirming Procedures</u>

Ambetter from Buckeye Health Plan (Centene Corporation)

Endometrial Ablation

AmeriHealth

- Androgens
- <u>Gender Affirming Interventions</u>
- <u>Gonadotropin-Releasing Hormone Agonist (Eligard®, Lupron Depot®)</u>

Amerigroup

Endometrial Ablation

Amida Care

· Clinical Guidelines and Coverage Criteria for the Treatment of Gender Dysphoria

Anthem

- <u>Gender Affirming Surgery</u>
- · Gonadotropin Releasing Hormone Analogs (GnRH) for the Treatment of Non-Oncologic Indications
- <u>Subcutaneous Hormonal Implants</u>
- <u>Testosterone, Injectable</u>

Anthem Blue Cross (California)

<u>Gender Affirming Surgery</u>

Anthem Blue Cross Blue Shield

- Endometrial Ablation
- <u>Gender Affirming Surgery</u>

Aspirus Arise

<u>Gender Dysphoria Treatment</u>

Asuris

Gender Affirming Interventions for Gender Dysphoria

AvMed

<u>Gender Reassignment Surgery</u>

Blue Cross Blue Shield Federal Employee Program

- GnRH Gender Dysphoria
- GnRH Gender Dysphoria

Blue Cross Blue Shield of Arkansas

<u>Gender Affirming Surgery</u>

Blue Cross Blue Shield of Florida

<u>Gender Affirmation Surgery</u>

Blue Cross Blue Shield of Illinois

· Gender Assignment Surgery and Gender Reassignment Surgery with Related Services

Blue Cross Blue Shield of Kansas

<u>Surgical Treatment for Gender Dysphoria</u>

Blue Cross Blue Shield of Kansas City

<u>Gender Affirmation Services</u>

Blue Cross Blue Shield of Massachusetts

<u>Gender Affirming Services</u>

Blue Cross Blue Shield of Michigan

<u>Gender Affirming Services</u>

Blue Cross Blue Shield of Minnesota

<u>Gender Affirming Procedures for Gender Dysphoria</u>

Blue Cross Blue Shield of Montana

· Gender Assignment Surgery and Gender Reassignment Surgery with Related Services

Blue Cross Blue Shield of New Mexico

· Gender Assignment Surgery and Gender Reassignment Surgery with Related Services

Blue Cross Blue Shield of North Carolina

<u>Gender Confirmation Surgery</u>

Blue Cross Blue Shield of North Dakota

Gender Affirmation Treatment

Blue Cross Blue Shield of Oklahoma

Gender Assignment Surgery and Gender Reassignment Surgery with Related Services

Blue Cross Blue Shield of Rhode Island

<u>Gender Affirming Care</u>

Blue Cross Blue Shield of Tennessee

<u>Gender Reassignment Surgery</u>

Blue Cross Blue Shield of Texas

Gender Assignment Surgery and Gender Reassignment Surgery with Related Services

Blue Cross Blue Shield of Vermont

<u>Gender Affirming Services (Trans Services)</u>

Blue Cross and Blue Shield of Alabama

<u>Transgender Services Benefits</u>

Blue Cross and Blue Shield of Florida

<u>Gonadotropin Releasing Hormone Analogs and Antagonists</u>

Blue Cross and Blue Shield of Nebraska

- <u>Androgens</u>
- <u>Gender Reassignment Surgery</u>

Blue Cross of Idaho

<u>Gender Affirming Services</u>

BlueChoice Healthplan of South Carolina

<u>Gender Affirmation Surgery and Hormone Therapy</u>

BlueCross BlueShield of South Carolina

<u>Gender Affirmation Surgery and Hormone Therapy</u>

BlueCross BlueShield of Western New York

<u>Gender Affirming Surgery</u>

Boston Medical Center HealthNet Plan / Well Sense

- <u>Gender Affirmation Surgeries</u>
- GnRH Agents

BridgeSpan Health

Gender Affirming Interventions for Gender Dysphoria

California

<u>Gender Reassignment Surgery</u>

Capital BlueCross

<u>GENDER AFFIRMING SURGERY</u>

CareFirst BlueCross BlueShield

Gender Affirmation Services /Gender Dysphoria

CareSource

- <u>Gender Affirming Surgery</u>
- <u>Gender Dysphoria (Georgia Medicaid)</u>
- <u>Gender Dysphoria (Indiana Medicaid)</u>
- <u>Gender Dysphoria (Ohio Marketplace)</u>
- <u>Gender Dysphoria (Ohio Medicaid)</u>

Cigna

<u>Gender Dysphoria Treatment</u>

ConnectiCare

- <u>Gender Affirming/Reassignment Surgery (Commerical/Medicare)</u>
- <u>Gender Reassignment Surgery (Medicare)</u>

Elevance Health

<u>Gender Affirming Surgery</u>

EmblemHealth - Connecticut

<u>Gender Affirming Surgery</u>

Empire Blue Cross Blue Shield

Endometrial Ablation

Empire Blue Cross Blue Shield (Anthem)

<u>Gender Affirming Surgery</u>

Excellus Blue Cross Blue Shield

- Behavioral Health Treatment for Gender Dysphoria
- <u>Gender Reassignment/Gender Affirming Surgery and Treatments</u>
- Medical Services for Transgender Individuals

Fallon Health

<u>Gender Affirmation Services</u>

GEHA

<u>Gender Affirmation Surgery</u>

Gateway Health

<u>Gender Transition Services</u>

Geisinger Health Plan

Gender Dysphoria and Gender Confirmation Treatment

Harvard Pilgrim Health Care

<u>Gender Affirming Services</u>

Harvard Pilgrim Health Care (Stride HMO Medicare Advantage)

• Transgender Health Services

Hawaii Medical Service Association

<u>Gender Identity Services</u>

Health Net

<u>Gender Affirming Procedures</u>

HealthPartners

Surgical treatment of gender dysphoria

Healthy Blue (Louisiana Medicaid)

- Endometrial Ablation
- <u>Gender Reassignment Surgery</u>

Highmark (Pennsylvania)

<u>Gender Affirmation Surgery</u>

Highmark (Pennsylvania)

<u>Testosterone Androgens</u>

Highmark Blue Cross Blue Shield of Delaware

- <u>Gender Affirmation Surgery</u>
- <u>Gonadotropin Releasing Hormones (GnRHs) Analogs</u>
- <u>Testosterone Androgens</u>

Highmark Blue Cross Blue Shield of NY

<u>Gonadotropin Releasing Hormones (GnRHs) Analogs</u>

Highmark Blue Cross Blue Shield of West Virginia

- <u>Gender Affirmation Surgery</u>
- <u>Gonadotropin Releasing Hormones (GnRHs) Analogs</u>
- <u>Testosterone Androgens</u>

Horizon Blue Cross Blue Shield of New Jersey

- Drug Therapy for Transgender Policy
- <u>Gender Reassignment/Gender Affirming Surgery</u>

Humana

<u>Gender Affirmation Surgery</u>

Husky Health Connecticut (Medicaid)

<u>Gender Reassignment Services</u>

Independence Blue Cross

- Treatment of Gender Dysphoria
- Treatment of Gender Dysphoria (Medicare Advantage)

Inland Empire Health Plan (IEHP) (Medi-Cal)

Gender Dysphoria

Johns Hopkins Healthcare

<u>Gender Affirming Treatment & Procedures</u>

Kaiser Foundation Health Plan of Washington

<u>Gender Affirming Surgeries</u>

Kaiser Permanente

<u>Gender-Affirming Voice Modification Surgery</u>

Kaiser Permanente Northwest Region

- <u>Gender-Affirming Facial Procedures</u>
- <u>Gender-Affirming Procedures</u>
- <u>Physical/Occupational/Speech Therapy</u>

LifeWise

Gender Transition/Affirmation Surgery and Related Services

Louisiana Healthcare Connections (Centene Corporation - Medicaid)

<u>Gender-Affirming Procedures</u>

MCG Health

<u>Gender Affirming Surgery</u>

Mass General Brigham Health Plan

- <u>Assisted Reproductive Services/Infertility Services</u>
- <u>Gender Affirming Procedures</u>

Mass Health

<u>Gender-Affirming Surgery</u>

Medica

<u>Gender Affirmation Procedures</u>

Medical Mutual

- <u>Gender Affirming Surgery</u>
- <u>Gonadotropin-Releasing Hormone Agonists Injectable Long-Acting Products</u>
- <u>Testosterone Injection and Pellet</u>

Medicare

National Coverage Determination (NCD) for Gender Dysphoria and Gender Reassignment Surgery

Minnesota Health Care Programs

<u>Gender-Confirming Surgery</u>

Moda Health Plan

<u>Gender Confirming Surgery</u>

Molina Healthcare

Gender Affirmation Treatment and Procedures

Neighborhood Health Plan of Rhode Island

<u>Gender Dysphoria Treatment</u>

Network Health

<u>Transgender and Gender Dysphoria/Gender Incongruence Services</u>

New York

<u>Gender Reassignment Surgery</u>

Northeastern New York

<u>Gonadotropin-Releasing Hormone Agonists</u>

Optimum HealthCare

<u>Testosterone</u>

Oregon Health Authority (Oregon Health Plan)

· Prioritized List of Health Services - Gender Dysphoria/Transsexualism

Oscar

<u>Sex Reassignment Surgery (Gender Affirmation Surgery) and Non-Surgical Services</u>

Palmetto

<u>Gender Reassignment Services for Gender Dysphoria</u>

Paramount

<u>Gender Reassignment Surgery</u>

Premera Blue Cross

Gender Transition/Affirmation Surgery and Related Services

Presbyterian

<u>Gender Affirming Treatment and Surgery</u>

Priority Health

<u>Gender Affirming Surgery</u>

Providence Health Plans and Providence Health Assurance

<u>Gender Affirming Surgical Interventions</u>

Regence

- <u>Gender Affirming Interventions for Gender Dysphoria</u>
- · Gender Affirming Interventions for Gender Dysphoria (Medicare Advantage)

Select Health

<u>Gender Affirming Medical and Surgical Treatment</u>

Tufts Health Plan

<u>Gender Affirming Services</u>

UPMC Health Plan

<u>Gender Affirmation Surgery</u>

UniCare (Anthem)

<u>Gender Affirming Surgery</u>

Uniform Medical Plan Uniform Medical Plan (Washington State Health Care Authority)

Gender Affirming Interventions for Gender Dysphoria

UnitedHealthcare

- · Gender Dysphoria and Gender Reassignment Surgery (NCD 140.9) (Medicare Advantage)
- <u>Gender Dysphoria Treatment (Commercial Plans)</u>
- <u>Gender Dysphoria Treatment (Community Plan)</u>
- <u>Gonadotropin Releasing Hormone Analogs</u>
- <u>Testosterone Replacement or Supplementation Therapy (Commercial)</u>
- <u>Testosterone Replacement or Supplementation Therapy (Community Plan)</u>

UnitedHealthcare Oxford

Maximum Dosage and Frequency [testosterone]

UnitedHealthcare West

- <u>Gender Dysphoria (Gender Identity Disorder) Treatment (Oregon)</u>
- · Gender Dysphoria Treatment Excluding California and Washington (Oklahoma, Oregon, Texas)

UnitedHealthcare of California

· Gender Dysphoria (Gender Identity Disorder) Treatment (California)

UnitedHealthcare of Washington

· Gender Dysphoria (Gender Identity Disorder) Treatment (Washington)

Univera Healthcare

<u>Gender Affirming Surgery and Treatments</u>

University Health Alliance

<u>Gender Identity Services</u>

Visiant (Medicare Advantage Medical Policy for Premera Blue Cross)

<u>Gender Reassignment Surgery</u>

WEA Trust

• Transgender Affirmation Surgery

WPS Health Insurance | Arise Health Plan

<u>Gender Dysphoria Treatment</u>

WellCare

<u>Gender-Affirming Procedures</u>

WellPoint - UniCare

<u>Gender Reassignment Surgery</u>

Wellmark Blue Cross Blue Shield

<u>Testosterone – Topical/Buccal/Nasal/Oral</u>

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