

# Trans Health Project

Working for Transgender Equal Rights

## **Health Insurance Medical Policies**

## Gender Dysphoria / Gender Reassignment

Virtually all major insurance companies recognize that transgender-related medical care is medically necessary and have a written policy describing their criteria for when plans they administer will cover it. Below is a list of such policies.

The fact that an insurance company is listed below *does not* mean that your particular plan will follow these guidelines. You must <u>look to your individual policy</u> to determine if transgender care is covered or excluded. Only if it is covered will the policies below apply.

Medical policies are frequently updated. Please <u>contact us</u> if your company's policy is not listed or is out of date.

#### Aetna

- Endometrial Ablation
- Gender Affirming Surgery
- Gonadotropin-Releasing Hormone Analogs and Antagonists
- · Gonadotropin-Releasing Hormone Analogs and Antagonists (Medicare)
- Implantable Hormone Pellets
- Implantable Hormone Pellets
- · Melodic Intonation Therapy
- Testosterone Cypionate Injection (Depo-Testosterone)
- Testosterone Enanthate Injection
- Testosterone Undecanoate Injection (Aveed)
- Voice Therapy

#### **Alliant Health Services**

· Alliant Gender Reassignment Surgery

**Ambetter Peach State Health Plan (Centene Corporation)** 

Gender Affirming Procedures

Ambetter from Buckeye Health Plan (Centene Corporation)

• Endometrial Ablation

## AmeriHealth

- Androgens
- Gender Affirming Interventions
- Gonadotropin-Releasing Hormone Agonist (Eligard®, Lupron Depot®)

## **Amerigroup**

• Endometrial Ablation

#### **Amida Care**

• Clinical Guidelines and Coverage Criteria for the Treatment of Gender Dysphoria

#### Anthem

- Gender Affirming Surgery
- · Gonadotropin Releasing Hormone Analogs (GnRH) for the Treatment of Non-Oncologic Indications
- Subcutaneous Hormonal Implants
- Testosterone, Injectable

## **Anthem Blue Cross (California)**

• Gender Affirming Surgery

#### **Anthem Blue Cross Blue Shield**

- Endometrial Ablation
- Gender Affirming Surgery

#### **Aspirus Arise**

Gender Dysphoria Treatment

## **Asuris**

• Gender Affirming Interventions for Gender Dysphoria

## AvMed

· Gender Reassignment Surgery

## **Blue Cross Blue Shield Federal Employee Program**

- GnRH Gender Dysphoria
- GnRH Gender Dysphoria

## **Blue Cross Blue Shield of Arkansas**

Gender Affirming Surgery

## **Blue Cross Blue Shield of Florida**

Gender Affirmation Surgery

#### **Blue Cross Blue Shield of Illinois**

Gender Assignment Surgery and Gender Reassignment Surgery with Related Services

## **Blue Cross Blue Shield of Kansas**

• Surgical Treatment for Gender Dysphoria

## **Blue Cross Blue Shield of Kansas City**

• Gender Affirmation Services

## **Blue Cross Blue Shield of Massachusetts**

• Gender Affirming Services

## Blue Cross Blue Shield of Michigan

• Gender Affirming Services

## **Blue Cross Blue Shield of Minnesota**

• Gender Affirming Procedures for Gender Dysphoria

## **Blue Cross Blue Shield of Montana**

• Gender Assignment Surgery and Gender Reassignment Surgery with Related Services

#### **Blue Cross Blue Shield of New Mexico**

• Gender Assignment Surgery and Gender Reassignment Surgery with Related Services

## **Blue Cross Blue Shield of North Carolina**

Gender Confirmation Surgery

## **Blue Cross Blue Shield of North Dakota**

• Gender Affirmation Treatment

## Blue Cross Blue Shield of Oklahoma

• Gender Assignment Surgery and Gender Reassignment Surgery with Related Services

## Blue Cross Blue Shield of Rhode Island

Gender Affirming Care

#### **Blue Cross Blue Shield of Tennessee**

Gender Reassignment Surgery

## **Blue Cross Blue Shield of Texas**

• Gender Assignment Surgery and Gender Reassignment Surgery with Related Services

## **Blue Cross Blue Shield of Vermont**

Gender Affirming Services (Trans Services)

## Blue Cross and Blue Shield of Alabama

• Transgender Services Benefits

## Blue Cross and Blue Shield of Florida

Gonadotropin Releasing Hormone Analogs and Antagonists

## Blue Cross and Blue Shield of Nebraska

- Androgens
- Gender Reassignment Surgery

#### **Blue Cross of Idaho**

• Gender Affirming Services

## **BlueChoice Healthplan of South Carolina**

• Gender Affirmation Surgery and Hormone Therapy

## **BlueCross BlueShield of South Carolina**

• Gender Affirmation Surgery and Hormone Therapy

## **BlueCross BlueShield of Western New York**

• Gender Affirming Surgery

## **Boston Medical Center HealthNet Plan / Well Sense**

- Gender Affirmation Surgeries
- GnRH Agents

## **BridgeSpan Health**

• Gender Affirming Interventions for Gender Dysphoria

## California

• Gender Reassignment Surgery

## **Capital BlueCross**

• GENDER AFFIRMING SURGERY

## **CareFirst BlueCross BlueShield**

• Gender Affirmation Services / Gender Dysphoria

## CareSource

- Gender Affirming Surgery
- Gender Dysphoria (Georgia Medicaid)
- Gender Dysphoria (Indiana Medicaid)
- · Gender Dysphoria (Ohio Marketplace)
- · Gender Dysphoria (Ohio Medicaid)

## Cigna

• Gender Dysphoria Treatment

## ConnectiCare

- Gender Affirming/Reassignment Surgery (Commerical/Medicare)
- Gender Reassignment Surgery (Medicare)

## **Elevance Health**

• Gender Affirming Surgery

## **EmblemHealth - Connecticut**

• Gender Affirming Surgery

## **Empire Blue Cross Blue Shield**

• Endometrial Ablation

## **Empire Blue Cross Blue Shield (Anthem)**

• Gender Affirming Surgery

#### **Excellus Blue Cross Blue Shield**

- Behavioral Health Treatment for Gender Dysphoria
- Gender Reassignment/Gender Affirming Surgery and Treatments
- Medical Services for Transgender Individuals

## **Fallon Health**

• Gender Affirmation Services

## **GEHA**

Gender Affirmation Surgery

## **Gateway Health**

• Gender Transition Services

## **Geisinger Health Plan**

• Gender Dysphoria and Gender Confirmation Treatment

## **Harvard Pilgrim Health Care**

• Gender Affirming Services

## Harvard Pilgrim Health Care (Stride HMO Medicare Advantage)

• Transgender Health Services

## **Hawaii Medical Service Association**

• Gender Identity Services

## **Health Net**

• Gender Affirming Procedures

#### **HealthPartners**

· Surgical treatment of gender dysphoria

## **Healthy Blue (Louisiana Medicaid)**

- Endometrial Ablation
- Gender Reassignment Surgery

## Highmark (Pennsylvania)

Gender Affirmation Surgery

## Highmark (Pennsylvania)

• Testosterone Androgens

## **Highmark Blue Cross Blue Shield of Delaware**

- Gender Affirmation Surgery
- Gonadotropin Releasing Hormones (GnRHs) Analogs

• Testosterone Androgens

## **Highmark Blue Cross Blue Shield of NY**

• Gonadotropin Releasing Hormones (GnRHs) Analogs

## **Highmark Blue Cross Blue Shield of West Virginia**

- Gender Affirmation Surgery
- Gonadotropin Releasing Hormones (GnRHs) Analogs
- Testosterone Androgens

## Horizon Blue Cross Blue Shield of New Jersey

- Drug Therapy for Transgender Policy
- Gender Reassignment/Gender Affirming Surgery

#### Humana

• Gender Affirmation Surgery

## **Husky Health Connecticut (Medicaid)**

• Gender Reassignment Services

## **Independence Blue Cross**

- Treatment of Gender Dysphoria
- Treatment of Gender Dysphoria (Medicare Advantage)

## Inland Empire Health Plan (IEHP) (Medi-Cal)

• Gender Dysphoria

## **Johns Hopkins Healthcare**

• Gender Affirming Treatment & Procedures

## Kaiser Foundation Health Plan of Washington

• Gender Affirming Surgeries

## **Kaiser Permanente**

Gender-Affirming Voice Modification Surgery

## **Kaiser Permanente Northwest Region**

- Gender-Affirming Facial Procedures
- Gender-Affirming Procedures
- Physical/Occupational/Speech Therapy

## LifeWise

• Gender Transition/Affirmation Surgery and Related Services

## Louisiana Healthcare Connections (Centene Corporation - Medicaid)

• Gender-Affirming Procedures

#### **MCG Health**

• Gender Affirming Surgery

## Mass General Brigham Health Plan

- Assisted Reproductive Services/Infertility Services
- Gender Affirming Procedures

#### **Mass Health**

Gender-Affirming Surgery

#### Medica

• Gender Affirmation Procedures

#### **Medical Mutual**

- Gender Affirming Surgery
- Gonadotropin-Releasing Hormone Agonists Injectable Long-Acting Products
- Testosterone Injection and Pellet

## Medicare

· National Coverage Determination (NCD) for Gender Dysphoria and Gender Reassignment Surgery

## **Minnesota Health Care Programs**

• Gender-Confirming Surgery

#### Moda Health Plan

• Gender Confirming Surgery

#### Molina Healthcare

• Gender Affirmation Treatment and Procedures

## Neighborhood Health Plan of Rhode Island

• Gender Dysphoria Treatment

## **Network Health**

• Transgender and Gender Dysphoria/Gender Incongruence Services

## **New York**

· Gender Reassignment Surgery

## **Northeastern New York**

• Gonadotropin-Releasing Hormone Agonists

## **Optimum HealthCare**

• <u>Testosterone</u>

## Oregon Health Authority (Oregon Health Plan)

• Prioritized List of Health Services - Gender Dysphoria/Transsexualism

## Oscar

• Sex Reassignment Surgery (Gender Affirmation Surgery) and Non-Surgical Services

#### **Palmetto**

• Gender Reassignment Services for Gender Dysphoria

#### **Paramount**

• Gender Reassignment Surgery

#### **Premera Blue Cross**

• Gender Transition/Affirmation Surgery and Related Services

## Presbyterian

Gender Affirming Treatment and Surgery

## **Priority Health**

Gender Affirming Surgery

## **Providence Health Plans and Providence Health Assurance**

• Gender Affirming Surgical Interventions

## Regence

- Gender Affirming Interventions for Gender Dysphoria
- Gender Affirming Interventions for Gender Dysphoria (Medicare Advantage)

## **Select Health**

• Gender Affirming Medical and Surgical Treatment

## **Tufts Health Plan**

• Gender Affirming Services

## **UPMC Health Plan**

• Gender Affirmation Surgery

## **UniCare (Anthem)**

Gender Affirming Surgery

## Uniform Medical Plan Uniform Medical Plan (Washington State Health Care Authority)

Gender Affirming Interventions for Gender Dysphoria

## UnitedHealthcare

- Gender Dysphoria and Gender Reassignment Surgery (NCD 140.9) (Medicare Advantage)
- Gender Dysphoria Treatment (Commercial Plans)
- Gender Dysphoria Treatment (Community Plan)
- Gonadotropin Releasing Hormone Analogs
- Testosterone Replacement or Supplementation Therapy (Commercial)
- Testosterone Replacement or Supplementation Therapy (Community Plan)

## **UnitedHealthcare Oxford**

Maximum Dosage and Frequency [testosterone]

#### UnitedHealthcare West

- Gender Dysphoria (Gender Identity Disorder) Treatment (Oregon)
- · Gender Dysphoria Treatment Excluding California and Washington (Oklahoma, Oregon, Texas)

#### UnitedHealthcare of California

• Gender Dysphoria (Gender Identity Disorder) Treatment (California)

## **UnitedHealthcare of Washington**

• Gender Dysphoria (Gender Identity Disorder) Treatment (Washington)

#### **Univera Healthcare**

Gender Affirming Surgery and Treatments

## **University Health Alliance**

• Gender Identity Services

## Visiant (Medicare Advantage Medical Policy for Premera Blue Cross)

• Gender Reassignment Surgery

## **WEA Trust**

• Transgender Affirmation Surgery

## WPS Health Insurance | Arise Health Plan

• Gender Dysphoria Treatment

## WellCare

• Gender-Affirming Procedures

## WellPoint - UniCare

• Gender Reassignment Surgery

## **Wellmark Blue Cross Blue Shield**

<u>Testosterone – Topical/Buccal/Nasal/Oral</u>

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